



SKIN WHITENING

A BRIEF GUIDE



LONDON AESTHETICS
&
Rejuvenation centre



SKIN WHITENING

SKIN WHITENING, SKIN BRIGHTENING, and SKIN LIGHTENING all commonly refer to the process of altering skin tone.

It is quite common for people to confuse treatment of Hyperpigmentation with skin lightening treatments. So it is important to determine what it is your looking for. This can be either

1. Full Body Generalized Whitening
2. Even Skin Tone or Targeted Whitening (usually where the skin is two toned such as hands and face and feet) This is usually targeted whitening treatment.

For generalized full body whitening the most commonly used method is Intravenous injection Drips for lightening. The ingredients of these drips serve two main purposes

1. Anti Oxidant
2. Skin Rejuvenation



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The anti oxidant effect of the drips is usually initiated by Glutathione which detoxifies your liver and removes toxins from the body. The healthier blood circulation in the body gives the skin a radiance.

The skin rejuvenation effect is due to Vitamins, minerals, amino acids, growth factors and stem cell extracts. These ingredients will treat the skin itself and will cause the skin cells to become healthy from within and deal with the dull and tired looking effects of the skin. Until the skin cells themselves are not rejuvenated a natural glow from your skin cannot be successfully achieved. This is more about increasing the radiance and restoring the vibrancy of your skin.



A close-up photograph showing a person's forearm and hand. Another person's hand is visible, with fingers gently touching or massaging the skin on the patient's forearm. The background is a plain, light color.

TREATMENT PROTOCOL

1. GENERALIZED WHITENING

Prior to the drips commencing there will be some important blood tests that are performed. These will include your kidney and liver function tests and also your blood count. Depending upon your general health status some other tests maybe suggested.

The drips are administered twice weekly for 6 weeks and thereafter it is decided how many further drips are required and upto 4 weeks of twice weekly drips can be suggested. It is also important that for the next 3 months a once monthly maintenance drip is administered.

Depending upon your skin health a maintenance drip once every 3 months thereafter maybe suggested.

2. TARGETED WHITENING

For targeted whitening depending upon the results of your skin analysis scan we perform a combination of different treatments which includes the uses of

Different types of lasers

Different types of mesoperfusion

Different types of skin peels

Treatments are usually performed 2 weeks apart and 3 to 4 sessions re required as a minimum extending upto 6. We do recommend a 3 monthly maintenance programme thereafter.



AT LONDON AESTHETICS & REJUVENATION CENTRE WE HAVE A HIGHLY TRAINED TEAM OF EXPERTS IN PAKISTAN WITH LOTS OF SUPPORT FROM THE INTERNATIONAL LONDON AESTHETICS INTRAVENOUS DRIPS TEAM.

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**www.larc.pk
info@larc.pk**